

British Columbia Target Sports
ATHLETE'S CODE OF CONDUCT

The athlete/coach relationship is a privileged one. Coaches play a critical role in the personal as well as athletic development of you as an athlete. This code of conduct has been developed to aid you as an athlete in achieving a level of behavior which will allow you to work with your coaches in becoming a well-rounded, self confident and productive human being, as well as aiding you while you represent the British Columbia Target Sports Association (BCTSA), your Sport and your Province in all levels of Competition.

ATHLETES HAVE A RESPONSIBILITY TO:

- 1) PAY THE ANNUAL REGISTRATION FEES AS NECESSARY FOR THE PROVINCIAL AND NATIONAL SPORT ORGANIZATIONS.
- 2) ADHERE TO THE INSTRUCTIONS ISSUED BY THE COACHES OR OTHER REPRESENTATIVES OF THE B.C.T.S.A. CONCERNING TEAM SELECTION AND PROGRAMS.
- 3) FOLLOW THE TRAINING AND COMPETITIVE PROGRAM MUTUALLY AGREED UPON BY THE TEAM COACH, YOUR PERSONAL COACH AND YOURSELF.
- 4) THE ATHLETE WILL HAVE A RESPONSIBILITY TO;
 - ABSTAIN FROM THE USE OF TOBACCO PRODUCTS OR ALCOHOL WHILE IN A TRAINING OR COMPETITIVE SITUATION.
 - REFRAIN FROM THE USE OF PROFANE , INSULTING, HARASSING OR OTHERWISE OFFENSIVE LANGUAGE IN THE CONDUCT OF HIS/HER PERFORMANCE.
 - REFRAIN FROM PUBLIC CRITICISM OF FELLOW ATHLETES OR COACHES ESPECIALLY WHEN SPEAKING TO THE MEDIA OR OTHER ATHLETES.
- 5) COMMUNICATE AND COOPERATE WITH REGISTERED MEDICAL PRACTITIONERS IN THE DIAGNOSES, TREATMENT AND MANAGEMENT OF ANY ATHLETES' MEDICAL OR PSYCHOLOGICAL PROBLEMS.
- 6) REGULARLY SEEK WAYS OF INCREASING ATHLETIC DEVELOPMENT AND SELF-AWARENESS.
- 7) TREAT OPPONENTS, COACHES AND OFFICIALS WITH DUE RESPECT, BOTH IN VICTORY AND DEFEAT, AND ENCOURAGE FELLOW ATHLETES TO ACT ACCORDINGLY.
- 8) IN AN EDUCATIONAL INSTITUTION, BE AWARE OF THE ACADEMIC PRESSURES PLACED ON YOURSELF AND WORK WITH YOUR COACH TO CONDUCT PRACTICES AND COMPETITIONS IN A MANNER SO AS TO ALLOW ACADEMIC SUCCESS.

ATHLETES MUST:

- 1) PARTICIPATE IN SCHEDULED TRAINING CAMPS, SEMINARS OR COMPETITIONS AS YOU HAVE AGREED TO IN YOUR PERSONAL TRAINING PLAN.
- 2) PROVIDE YOUR COACH WITH REGULAR REPORTS AS SET OUT IN YOUR PERSONAL TRAINING PLAN.
- 3) AVOID ANY ACTION OR CONDUCT THAT WOULD REASONABLY BE EXPECTED TO SIGNIFICANTLY DISRUPT OR INTERFERE WITH A COMPETITION, OR ANOTHER ATHLETE'S PREPARATION FOR A COMPETITION
- 4) NEVER USE, ADVOCATE OR CONDONE THE USE OF, DRUGS OR OTHER BANNED PERFORMANCE ENHANCING SUBSTANCES AS ITEMIZED IN THE INTERNATIONAL OLYMPIC LIST OF BANNED AND RESTRICTED SUBSTANCES.
- 5) UTILIZE ANY HEARING AND APPEAL PROCEDURES SET OUT BY THE B.C.T.S.A. FOR REMEDY OF COMPLAINTS AND ISSUES

ATHLETE'S SIGNATURE _____

NAME (PRINTED) _____

DATE _____

WITNESS _____