



Coaching Target Sports within Canada

The Shooting Federation of Canada (SFC) has worked very hard over the last several years to come in line with National Coach Certification Program (NCCP) requirements to update coach training programs in the Olympic and Paralympic rifle, pistol and shotgun shooting disciplines. The old coach certification program known as "NCCP Levels 1-5" is no longer available. To replace the Levels program, the SFC is developing four "contexts" as follows:

NCCP level one is now called Instructor Beginner (also known as IB) NCCP level two and three combined is now called Competition Development (also known as Comp-Dev)

NCCP level four is now called Competition Development Advanced Gradation (also known as CDAG)

NCCP level five is now called Competition High Performance (also known as Comp-HP)

Coach training for target shooting is comprised of a combination of sport specific training, led by trained facilitators of the <u>Shooting Federation of</u> <u>Canada</u>, and multisport training offered through the <u>Coaching Association of</u> <u>Canada</u>.



Understanding the National Coach Certification Program (NCCP) Model

Shooting Federation of Canada coaching programs are run with the support of the Coaching Association of Canada. The following link will give you an understanding of the <u>NCCP model</u>.



COACH CERTIFICATION

The National Coaching Certification Program certifies coaches who have demonstrated their ability to apply critically important competencies to coaching situations relevant to the stage of athilet they coach. This means that coaches must not only know about coaching but be able to demonstrate their ability to apply this knowledge in the coaching situation.

aches can be trained in any of the following eight coaching contexts, hich are specific to the type of athlete they are working with, and can ogress through to a "Master Coach" level in any context.

COMMUNITY SPORT

In Community Sport - Initiation context focuss on participants where a being introduced to a sport. In many sports this is very young children participants in the sport for the first time. In a few sports mixed and the sport of the sport of the sport of the sport movies of the meet new friends, have fun, and to learn a new activity. It is of the coach is one are used why such a dota learn and to teach the development of some of the "All-Mainmentals" stage skills and abilities for participants.

he Community Sport - Orgoing participation context is typically or either youth participating in a recreational environment, runsters articipants participating for recreation, fitness, and socialization assons. The participants are in the Active for Life stage of long-term thete development. The role of the coach is to encourage participants o continue their involvement in the sport.

COMPETITION

The Competition – Introduction context is designed for coaches of athletes moving from the FUNdamentals to the Learn to Train and Train to Train classes of lower term athlete development.

The Competition – Development context is designed for coaches of athletes ranging from the Train to Train to the Train to Compete stages of Inno.term athlete development

The **Competition – High performance** context is typically reserved for coaches of athletes in the Train to Win stage of long-term athlete overlopment athlough there is the possibility of some phasing in of a Train to Compete athlete into the High Performance level because of the individy of the stages of long-term athlete development. Coaches in this context require specific skills and abilities in order to meet the needs of their athletes.

INSTRUCTION

nstructors in the Instruction – Beginners context are usually working with participants who are experiencing the sport for the first time through a series of lessons. Typically there's no formalized competition at this evel — it's strictly about skill development and there is a short timeframi of interaction between the instructor and the participant.

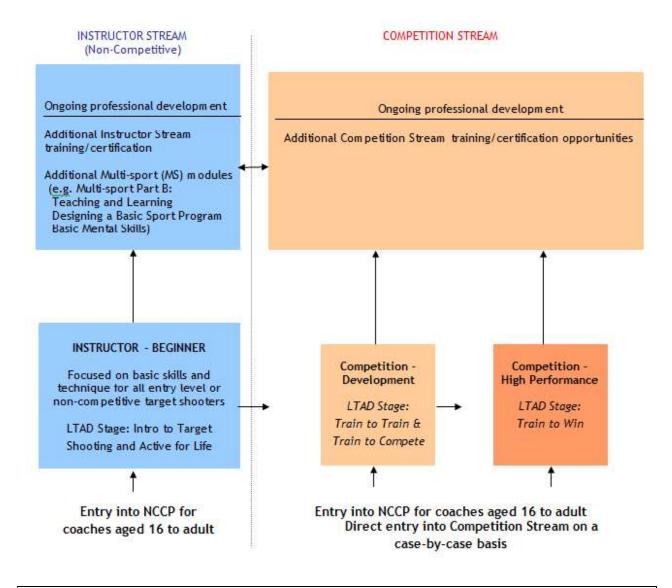
Instructors in the Instruction – Intermediate performers and Instruction – Advanced performers contexts are very specialized and are specifically there to assist athietes crossing over from competitive sport to gain enhanced skills, and in some cases, tactical development specific to their sport.

New Coaches to Target Shooting. How do I start?

The first step in becoming a coach in any sport is registration in "The Locker", the Coaching Association of Canada, National Coach database. You only need to have one coach certification number or CC number even if you coach multiple sports.

The embedded link will take you to The Locker to register.

SHOOTING FEDERATION OF CANADA: COACH DEVELOPMENT MODEL



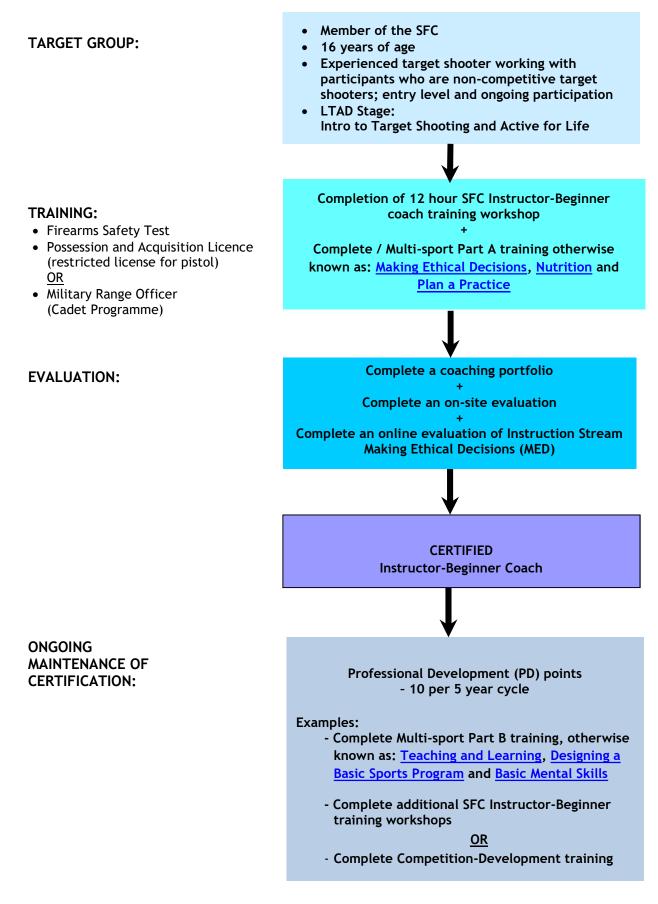
*Please note that Competition Development Advanced Gradation and Competition High Performance are currently under development.

What if I want to become a coach?

If you are interested in becoming a coach in one of the three main target shooting sport areas and do not have any certification, you will follow the coach training and certification pathways as outlined below.

COACH TRAINING AND CERTIFICATION PATHWAY FOR SHOOTING SPORTS:

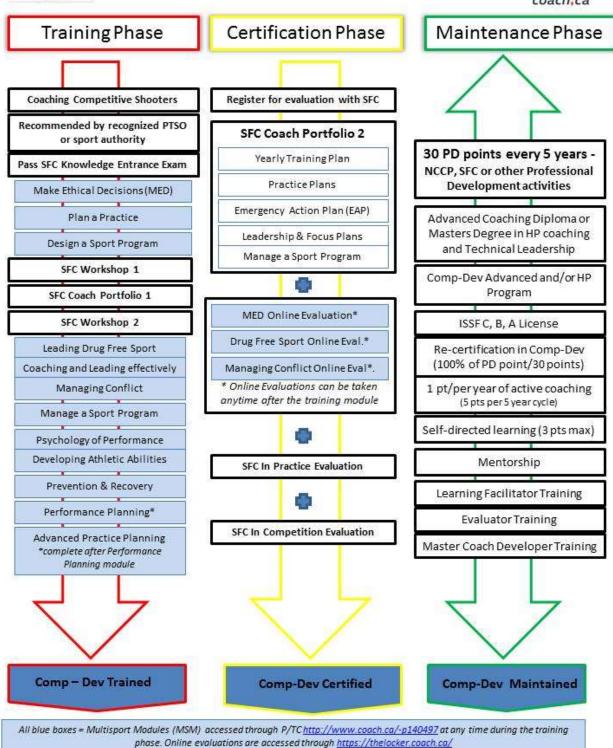
INSTRUCTOR-BEGINNER CONTEXT





SFC Competition Development Coach Pathway





<u>Multisport modules</u> are described on the Coaching Association of Canada website at <u>www.coach.ca</u>.

What if I am already a coach under the Levels program?

For existing coaches in the sport of Target Shooting, a transfer of qualifications commenced in March of 2017. Due to the amount of new content in both the Instructor Beginner and Competition Development contexts including the introduction of the Long Term Athlete Development model (LTAD), coaches certified under the old program will be required to take additional training in order to regain "certified" status.

NCCP coaches are described as follows:

In Training - when a coach has completed some of the required training for a context.

<u>**Trained</u></u> - when a coach has completed all required training for a context.**</u>

<u>Certified</u> - when a coach has completed all training and evaluation requirements for a context.

Trained vs. Certified

The NCCP model distinguishes between training and certification. Coaches who participate in training opportunities to acquire or refine the skills and knowledge required for a particular coaching context as defined by the sport, may be considered "*trained*".

To become "*certified*" in a coaching context, coaches must be evaluated on their demonstrated ability to perform within that context in areas such as program design, practice planning, performance analysis, program management, ethical coaching, support to participants during training, and support to participants in competition.

Certified coaches enjoy the credibility of the sporting community and of the athletes they coach because they have been observed and evaluated "doing" what is required of them as a competent coach in their sport. They are recognized as meeting or exceeding the high standards embraced by more than 60 national sport organizations in Canada. Fostering confidence at all levels of sport, certification is a benefit shared by parents, athletes, sport organizations, and our communities.

What if I have taken some coach training but never reached certification?

Coaches who may have previously taken a level 1, 2 or 3 shooting technical course but did not get evaluated will also fall under the same transfer of qualification program. It is recommended, but not mandatory, that depending on how long ago your last coach training occurred, you consider taking the Instructor Beginner Course or Competition Development course in your specific shooting discipline as much of the content has changed and the evaluation process is based on a specific technical program.

Coaches are now required to stay current and obtain professional development points to keep their coaching status up-to-date. This <u>Maintenance</u> <u>of Certification</u> will occur on a five year cycle.

Maintenance of Certification

As part of the new coaching model, coaches will be required to "maintain" their coach certification by obtaining Professional Development (PD) points. <u>Maintenance of Certification</u> was designed by NCCP stakeholders as a way to recognize YOU, certified coaches, for the coach education professional development you are already doing!

The CAC and all NCCP stakeholders strongly believe in the power of continuing education and, as certified coaches, you lead the way in exemplifying just how important continuing education is.

Ways to earn Professional Development Points:

- Other <u>Multi-sport modules</u>
- Sport specific training opportunities
- Other events and workshops
- <u>Self-reporting</u> of professional development
- E-learning modules

Professional development opportunities and points are allocated as follows:

	Active Category	Points	Limitations	
Sport Specific	Active Coaching	1 point/year for every season coached OR 1 point/year for learning Facilitator or Evaluator activity	To a maximum number of points equal to the number of years of the certification renewal period, e.g. 3 points, if certification period is 3 years	
	NCCP Activity	5 points/training module or evaluation event	No maximum or minimum	
	Non-NCCP Activity	1 point/hour of activity up to 3 hours maximum	No minimum or maximum	
	Coach self-directed activity	3 points for the valid certification period	Maximum of 3 points for certification renewal period	
	Re-evaluation in context	100% of the points required for PD credit in the context	No other PD is required if coach chooses re- evaluation	
Multi-sport	NCCP activity	5 points/training module or evaluation event	No maximum or minimum	
	Non-NCCP activity	1 point/ hour of activity up to 3 points maximum	To a maximum of 50% of the required PD credit for the context in a certification renewal period	

Maintenance of certification must be based on active coaching and professional development. The Shooting Federation of Canada had adopted a 5 year cycle for renewal of certification.

	Minimum Professional Development credits required if the period for renewal of certification is:				
Context (includes any gradation)	5 years	4 years	3 years	2 years	1 year
Instructor - Beginners	10 points	8 points	6 points	4 points	2 points
Competition - Development	30 points	24 points	18 points	12 points	6 points

Course fees and evaluation costs

Workshop Registration Fees

Instruction – Beginner Workshop	\$100 payable to the SFC		
Instruction – Beginner Evaluation	\$ 75 payable to the SFC		
Shooting Comp-Dev Workshop #1	\$150 payable to the SFC		
Shooting Comp-Dev Workshop #2	\$150 payable to the SFC		
Make Ethical Decisions online evaluation Managing Conflict online evaluation Leading Drug-free Sport online evaluation	 Currently \$85 charge for each online evaluation only if the coach has not completed the training Free if training module has been completed 		
Portfolio Evaluation In-Practice Evaluation In-Competition Evaluation	 \$75 fee – payable to SFC SFC will pay Evaluator fee – \$50 honorarium and the coach being evaluated is responsible for Evaluator expenses incurred as a result of travel. 		
Re-evaluation	• \$75 fee – payable to SFC		

Who trains the coaches? COACH DEVELOPERS train coaches.

NCCP Coach Developers include Learning Facilitators (LFs), Coach Evaluators (CEs), and Master Coach Developers (MCDs).

According to the International Council for Coaching Excellence (ICCE), Coach Developers "are not simply experienced coaches or transmitters of coaching knowledge - they are trained to develop, support, and challenge coaches to go on honing and improving their knowledge and skills in order to provide positive and effective sport experiences for all participants." In short, Coach Developers need to be experts in learning as well as experts in coaching.

Coach Developers now have a formal training pathway. This strengthens and standardizes SFC coaching programs across the country. To qualify for selection as a Coach Developer, an individual must have successfully completed the Make Ethical Decisions online evaluation AND successfully demonstrated his or her competency by completing the relevant role-specific pathway. The Coach Developer must also be recommended by their Provincial/Territorial Sport Organization. The <u>NCCP Coach Developer</u> roles and their pathways are as follows:



Learning Facilitator

Every NCCP workshop is led by a trained <u>Learning Facilitator</u> (LF) who has undergone a standardized training process. LFs are crucial to the development of skilled, knowledgeable coaches who are then able to develop safer, happier athletes and sport participants.

The goal of an LF is to effectively facilitate sessions that result in the development of coaches who are able to demonstrate their abilities and meet the standards established for certification. An LF should have the appropriate knowledge, skills, and attitudes to facilitate workshops using the competency-based approach. In addition, they serve as contributing members of the community and ambassadors for Canada's NCCP.

Coach Evaluator

A <u>Coach Evaluator's</u> role is to contribute to the development of coaches after they have acquired NCCP training. This includes assessment, evaluation, debriefing, and follow-up with coaches working to achieve certified status. Coach Evaluators are experts in the observation process and have in-depth knowledge of the outcomes, criteria, and evidences that comprise the evaluation tools that establish NCCP standards for coaches of a particular sport context.

Coach Evaluators act as ambassadors of the NCCP and as a resource to coaches seeking to augment and validate their coaching abilities.

Master Coach Developer (MCD)

The role of the <u>Master Coach Developer (MCD)</u> is to train, to evaluate, to support, and to mentor Coach Developers, i.e. Learning Facilitators (LFs), Coach Evaluators (CEs), and other MCDs. In addition, MCDs play a key role in promoting the National Coach Certification Program.

Master Coach Developers must possess adequate knowledge and expertise in facilitation to assist in training Coach Developers and to lead workshops and professional development experiences for Coach Developers.

It is expected that Master Coach Developers will have more responsibility in a supportive role with Coach Developers during workshops, evaluations, and in Coach Developer development. MCDs should be willing and able to lend support to Coach Developers, program administrators, and context delivery host agencies.

For further information about becoming a Coach or Coach Developer, please contact your Provincial/Territorial Sport Organization or the Shooting Federation of Canada directly.

