

BC Target Sports Association



Junior Airgun Team

Team Expectations and Guidelines

Welcome to the British Columbia Target Sports Association's (BCTSA) BC Junior Airgun Team. The junior team will consist of air rifle and air pistol athletes that meet the International Shooting Sports Federation (ISSF) junior age requirements rule: **3.3.6**; Juniors are shooters who will be under the age of 21 on December 31st in the year of the Competitions / Championship.

As BCTSA comes in line with the new Canadian Sport for life guidelines, there will be a few changes that athletes and parents who may have previously been on the team will take note of. These changes will reflect changes by the Shooting Federation of Canada (SFC) and the development of the Long Term Athletic Development (LTAD) model. It is the goal of the SFC that the implementation of the LTAD will increase the number of target shooters starting at the club level. This in turn will lead to a larger, more competent group of shooters at a provincial level and more expert shooters at the national level. This stronger pool of athletes will lead Canada to stronger placing internationally.

The following attached pages are a guide to the new LTAD. It is likely that most athletes making this team will fall under the Train to Train and Train to Compete phases of the LTAD. It will be team expectations that benchmarks for training frequency, duration and competition participation schedules be met to the best of the athlete's ability in consultation with the team coach. Training plans will be created with each athlete reflecting the above.

It will also be the expectation of the team that monthly reports be submitted. These will be due no later than 6:00 PM on the last day of each month. Athletes are encouraged to submit reports more frequently. Formatting will be discussed at the first training camp. It is also a mandatory requirement that athletes keep a shooting journal. This journal will be used to reflect on all training and monitor progress during practice and matches.

There will be two training camps this season and athletes must attend both camps. Attendance is also mandatory at the BC Provincial

Championships and the November Hibernation Match. The dates are as follows:

Training camps:

1. 29-30 Jul 17 at *TBA*. It will run all day on Saturday beginning at 8:00 am till 7:00 pm. Sunday will start at 8:00 am and run until 2:00 pm. A full schedule will be mailed out a minimum of two weeks in advance. Please bring a bag lunch.
2. 21-22 Oct in Kamloops. Saturday times will be the same as the previous training camp. We will wrap up by 12:00 on Sunday.

Provincial Championships:

20-22 May 17. This year, there will be a joint provincials for both rifle and pistol held in Campbell River, BC. The registration and information packages are available on the BCTSA web page.

Athletes will be required to maintain their BCTSA membership during their time on the team.

Athletes may receive a team shirt or jacket. Athletes will wear this uniform shirt/jacket with cotton twill style pants, Navy blue in colour. Black closed toe shoes are required with the team uniform. It is expected that team BC athletes will wear this uniform at all competitions they attend. The uniform must also be worn during out of province travel.

November Hibernation Air Match:

04-05 Nov 2017, Richmond,

7400 River Rd (Richmond Rod and gun Club).
Reg forms on the BCTSA website

Parents and athletes will be required to sign the agreement below stating that both understand and agree to these team requirements.

2017-2018 Junior Airgun Team expectations and requirements contract:

By signing this contract, I _____ (athlete) and I _____ (parent or guardian if under age 18) acknowledge that the following is a requirement of being a member of the 2017/2018 Junior Airgun Team.

- Maintain a current BCTSA membership.
- Sign BCTSA Athlete agreement.
- Follow a training plan as collaboratively designed by athlete and coach.
- Follow LTAD benchmarks.
- Attend training camps as posted.
- Attend provincial championships as posted.
- Submit monthly reports by 6:00 PM on the last day of each month.
- Will keep a shooter's journal and record all training/match information.
- Will attend all competitions in prescribed team uniform.

Athlete (please print): _____ Date of Birth _____

Athlete signature: _____

Athlete email address: _____

Athlete mailing address: Street: _____

Postal Code: _____

Home phone number: _____

Cell number: _____

Parent or Guardian printed name: _____

Parent or Guardian signature if under 18 _____

Parent or Guardian email: _____

Parent or Guardian address if different from athlete: _____

City and Postal Code: _____

Home number: _____

Cell number: _____